

# DR. KRISTINA TANSAVATDI

**TANSAVATDI COSMETIC &  
RECONSTRUCTIVE SURGERY**  
WESTLAKE VILLAGE, CALIFORNIA

American Board of Otolaryngology /  
Head and Neck Surgery

## WHY SHOULD A POTENTIAL PATIENT CHOOSE YOU?

It's important that you feel comfortable and reassured with, and I think that I can relate to my patients and put them at ease with my sub-specialization. My work with the face requires a great deal of precision and a detailed understanding of the anatomy. Most board-certified doctors have this training, but you can't teach what's on the inside—the way doctors develop trust-worthy relationships with their patients.

## HOW DO YOU MANAGE EXPECTATIONS?

Nowadays, most people can research the latest cosmetic surgery technologies on their computers. My goal is to educate the patient about what works best for them, despite what they may have read online. I let the patient know what I see and where improvements can be made with either surgical or nonsurgical options. Surgery is a huge deal, and I want my patients to be really knowledgeable about their choices.

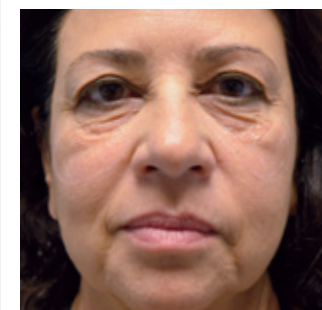
## WHAT DO YOU LIKE MOST ABOUT YOUR JOB?

I love when I get to see the patient back in my office a few weeks after surgery and their initial reaction when they look in the mirror is, "Oh my gosh! I'm so happy I made this decision!" It's very rewarding.

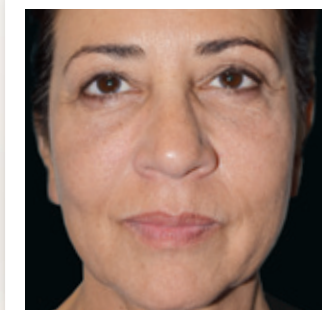
## REVERSING THE SIGNS OF AGING

Most of Dr. Tansavatdi's patients are in their 50s and 60s and want to reverse their signs of aging. "It is important that my patients understand how our faces age, so I use pictures of previous patients to help describe each process and set realistic expectations," says Dr. Tansavatdi. "I also have patients bring in photos of themselves from 20 or 30 years ago so that I can show them what has happened to their own face as they've aged, and what we can do to reverse it. I target their main concerns and discuss how both noninvasive and surgical options can address their overall skin, underlying muscle and fat, and bone—all of which change with age."

BEFORE



AFTER



## ▶ FACE VALUE

This 56-year-old patient was concerned with the deep tear troughs under her eyes and jowls around her chin. Dr. Tansavatdi used Radiesse® and Belotero® to rejuvenate the patient's cheeks and smile lines for a more youthful appearance.

## "MY GOAL IS TO HELP ENHANCE YOUR LIFE WITH BEAUTY AND CONFIDENCE" ABOUT KRISTINA TANSAVATDI, MD

### SERVICES

Blepharoplasty  
Botox®  
Browlift  
Facelift  
Rhinoplasty  
Facial Implants / Rejuvenation  
Injectables  
Lip Augmentation  
Necklift / Neck Liposuction  
Otoplasty  
Laser Lift (Facelift / Necklift)  
Skin Peels  
Autologous Fat Transfer  
Scar Revision

KNOWN BY HER LOYAL PATIENT FOLLOWING AS "DR. T," DR. KRISTINA TANSAVATDI OFFERS STATE-OF-THE-ART COSMETIC CARE FOR THE FACE AND NECK AT HER PRACTICE IN THE COMMUNITY-ORIENTED WESTLAKE VILLAGE AREA, LOCATED BETWEEN CALIFORNIA'S BEVERLY HILLS AND SANTA BARBARA. FELLOWSHIP-TRAINED AND A MEMBER OF THE AMERICAN ACADEMY OF FACIAL PLASTIC AND RECONSTRUCTIVE SURGERY, DR. TANSAVATDI PROVIDES HER PATIENTS WITH INNOVATIVE KNOWLEDGE AND A PERSONALIZED APPROACH IN ORDER TO DELIVER THE BEST POSSIBLE EXPERIENCE FOR EACH INDIVIDUAL'S LIFESTYLE.

### WHY DID YOU CHOOSE FACIAL PLASTIC SURGERY?

During medical school, the most challenging area and complex anatomy to learn was the head, neck and face, and I love challenges. There are multiple intersections of nerves that go in all directions—it's extremely detailed.

### HOW WOULD YOUR PATIENTS DESCRIBE YOU?

Patients have said that I am warm, caring, honest and easy to get to know. Early in my residency, my patients started calling me "Dr. T" because it was easier for them. It allowed for there to be more open communication between me and my patients, which in return let me provide a better overall experience.

### WHAT ACTIVITIES DO YOU ENJOY?

I really like to stay active, and I've recently taken up golf with my twin sister. I also like to get away from everything and just enjoy the quiet. I'm very close to the Malibu mountains and national parks, where I enjoy going hiking. It provides a great escape for me and gives me time to think.

**MEDICAL DEGREE**  
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To learn more about the practice visit  
[facesbydr.com](http://facesbydr.com)